

**THE  
ARMCHAIR  
ADVENTURE  
FESTIVAL  
BOOTCAMP**



**PROGRAMME**



IMAGE: NOTIER'S FRONTIERS

**BROUGHT TO YOU BY  
THE SIDECAR GUYS**

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# WELCOME



## Welcome to Bootcamp!

Thanks so much for joining us at our second ever Armchair Adventure Bootcamp! Here in the UK, we're finally escaping a stormy winter which has still been darkened with the ever looming presence of Omicron but now as the days get longer and nearly all restrictions lift, it's time to plan for adventure! 2022 really will be the year that international adventure travel returns and the world begins to open up again and this weekend is all about planning for it. So, whether you want to paddleboard the Ganges, row the Pacific or ride Route 66, we've got a session for you. We've carefully assembled a team of industry experts and leading adventurers to deliver more than 20 hours of live sessions on all things adventure. Some of our Masterclasses like Adventure Filmmaking and Photography are returning for a second year but there's also a whole host of new sessions from new contributors!

Remember too that The Armchair Adventure Bootcamp isn't just a live stream, feel free to flick through the virtual map to see content from our partners and win prizes! Keep an eye out for a new icon as well - The Catch Up Cinema. In there you'll be able to dig into the archives and watch some of our favourite talks from the last two years.

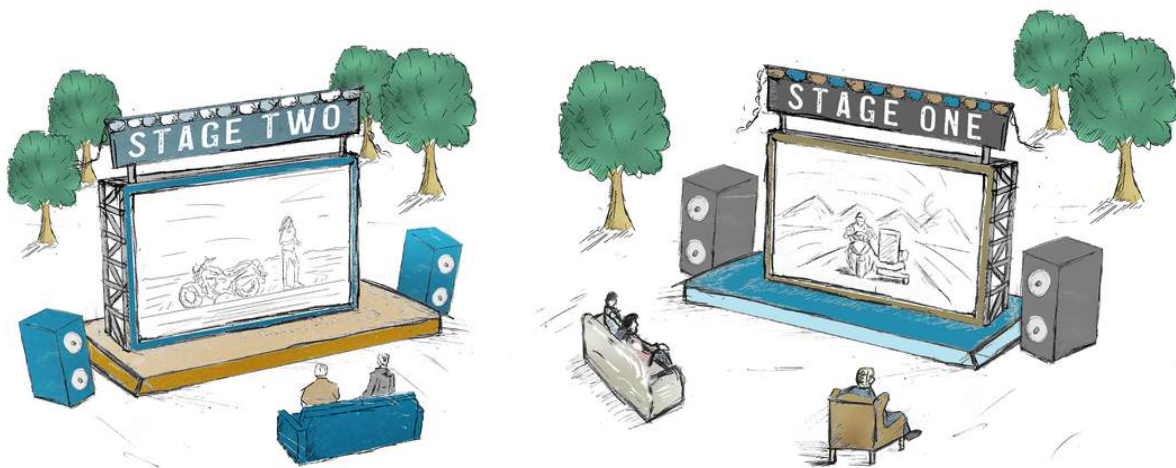
Thanks again for coming along and see you in 'The Keis Three Wheels' for a drink or two!

**Matt and Reece**  
**The Sidecar Guys**

# HOW IT WORKS

The Armchair Adventure Bootcamp has so much going on that we thought we should kick off this programme with a bit of an intro on how it works. The first thing to note is that there is a lot going on and unless you're absolutely fantastic at multi-tasking you won't be able to watch everything, instead you'll be able to catch up on the sessions you miss anytime for the next six months. You will be emailed your unique log in for the event on Friday morning which will take you directly to the Bootcamp virtual map. You can then explore the map to see the sessions and chat to your favourite adventurers. Here's a quick guide to the map:

## MAIN STAGES

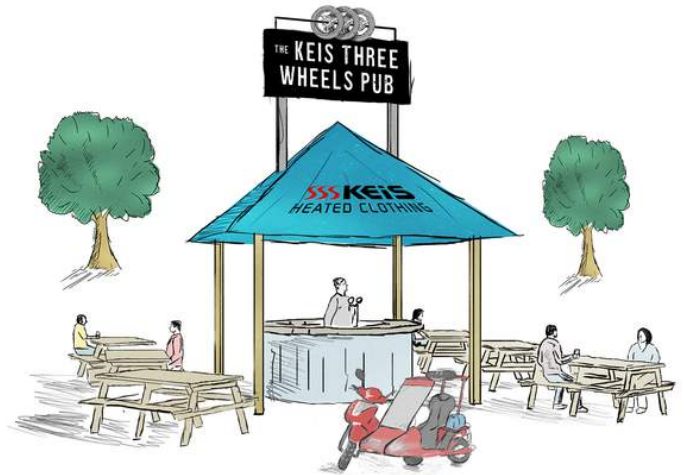


Most of the action will be taking place on the Main Stages: Stage One and Stage Two. If you've been to an Armchair Adventure Festival before then this will be a super familiar format. All you do is click the stage you would like to watch and you'll head straight to the live stream embedded on our website. You can then use the live chat function to interact with our speakers during these sessions too.

Quick viewing tip: If you have a smart TV and would like to get the stage on there you can either copy the link and put it in to your browser application or click to watch while signed into your YouTube account on your PC/tablet and then head to the 'history' section of the YouTube application on your smart TV and the live stream will be in there. You wont find this on our YouTube channels as it's a private link just for you.

# THE KEIS THREE WHEELS VIRTUAL PUB

Outside of the main stage most of the action will take place in The Keis Three Wheels Virtual Pub. The idea of the pub is that you can talk directly to your favourite adventurers. All of the adventurers will be heading to the pub for a drink after their talk on one of the stages so you can join them in there for a chat.



## HOW DOES THE PUB WORK?

The Three Wheels is facilitated using Zoom. There will be a dedicated bartender 'behind the bar' at any one time and they will facilitate the sessions. Most of the time you will be promoted to a panellist when entering the pub which means you can choose to turn your camera and microphone on and chat directly to whoever is in the pub at the same time including the adventurers who are presenting. If the pub is particularly busy and our bartender thinks it will just be too busy to all chat then you will be left as an attendee and asked to type your question in the live chat. There will be two tables in The Three Wheels with two separate bartenders so plenty of conversations to get involved with.

## ZOOM

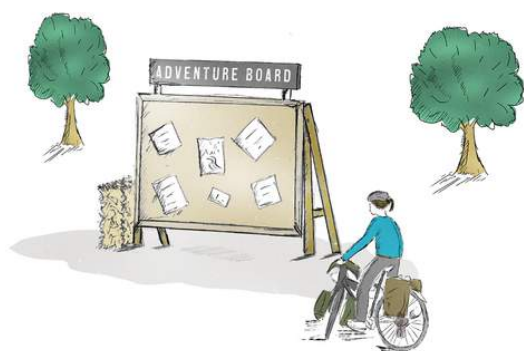
Never used Zoom before? No worries. It's super easy and completely free. You can choose to get a free Zoom account and download the application for your PC, tablet or smart phone, or you can decide to take part as a guest using your browser. All you will need to do is click the table you want to join and Zoom will take you to the chat room, if you can't see it you may need to click 'launch in browser'. If you still can't work it out just let us know and we will make sure you're set up.

**Warning: If you click enable microphone and camera when you enter the room, we will be able to see and hear you. If you don't want to be seen or heard just make sure you have the mic and camera turned off using the buttons in the bottom left hand corner of the screen.**

Note: Please be nice in the pub. Enjoy a chilled drink and a chat about adventure. No nasty business please or you will be booted out by our bartender. Anything abusive and we'll revoke your access to the whole event.

# OTHER THINGS TO CHECK OUT

Aside from the main stages and The Keis Three Wheels we have a few other tents and zones to check out.

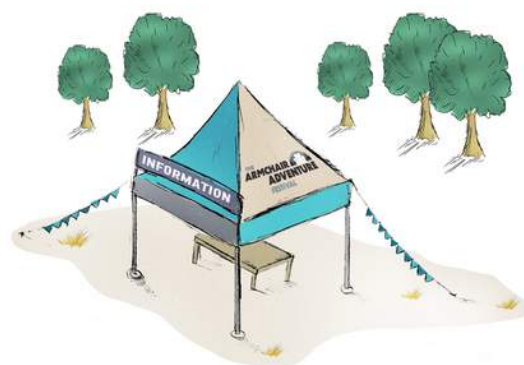


## THE ADVENTURE BOARD

This is your chance to interact with other Bootcampers. Post your comments to have your questions answered or recruit a team mate for an upcoming adventure. There will be a prize for the best post on there.

## INFORMATION TENT

Got lost? Need help with something? Head to the information tent for the programme, the schedule and contact information.

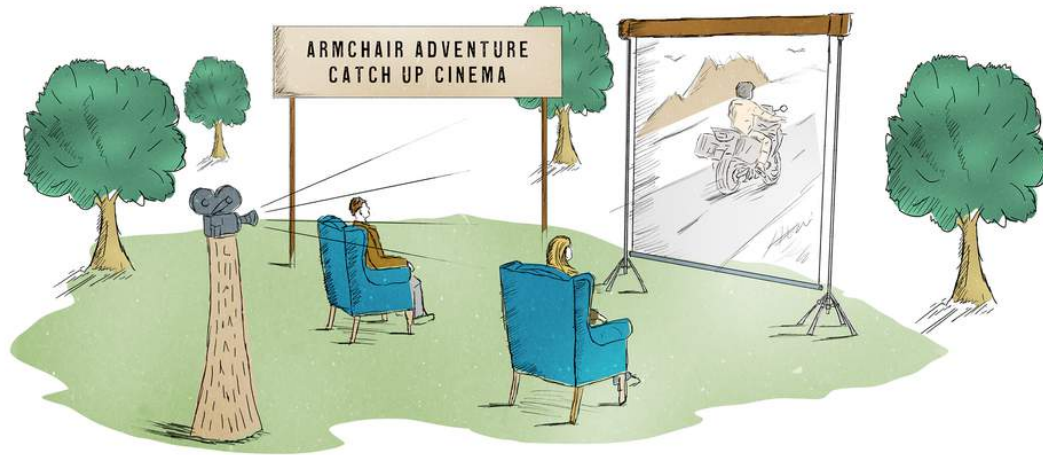


## THE MOTO FREIGHT HANGAR

Head to the Moto Freight hangar for help and advice on all things shipping. There's a notice board which you can post your freighting questions on and the Moto Freight team will respond throughout the weeknd.

## NEW - THE ARMCHAIR ADVENTURE CATCH UP CINEMA

New for Bootcamp this year is The Armchair Adventure Catch up Cinema. It's a chance to dig into the archives from our events so far. We'll be curating a selection of some of our favourite presentations, Q&A's and panel discussions from events we've put on for you to catch up on if you missed them!



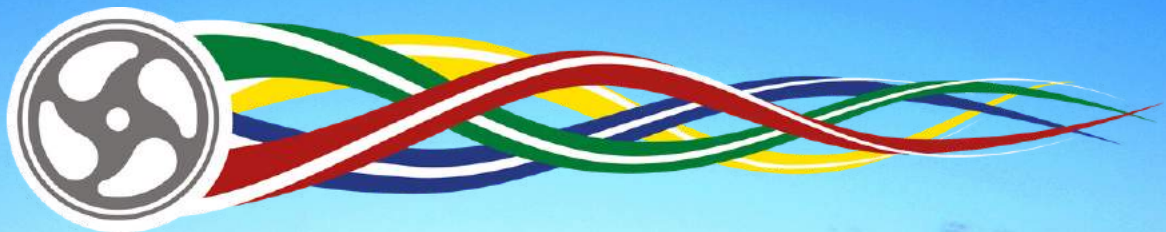
## THE ARMCHAIR ADVENTURE FESTIVAL SHOP

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# SPEAKERS



## MATT BISHOP & REECE GILKES

Matt and Reece are the hosts of Bootcamp and the founders of the Armchair Adventure Festival. They are the Guinness World Record holders for the longest ever journey by scooter and sidecar and the first people to ever circumnavigate the globe on that mode of transport.



## FIONA CHENG & SANDRA STIELGER

Sandra & Fiona quit their jobs in 2018 to travel the world. They rode two up from Canada to Colombia before Covid hit. Since then they've been exploring Europe. They are heading to Africa next to continue with their round-the-world trip!



## TIFFANY COATES

Tiffany is probably the world's foremost female motorcycle traveller having ridden over 300,000 miles, crossing every continent, some of them several times. As well as an experienced traveller Tiffany is also a highly qualified and experienced self-defence tutor. She's taught classes all over the world with a focus on inspiring and enabling others to travel. She'll be delivering a masterclass on 'Staying safe in the wild places'.



## MURRAY DUGUID

Murray has been a Land Rover Experience instructor for ten years and spends his days training people on how to handle 4x4 vehicles off-road. Whether you adventure in a pickup truck, Unimog or ATV Murray's session will give you valuable insight on how to handle your 4 wheeled adventure rig off-road.



## ROSEANN & JONATHAN HANSON

Roseann and Jonathan are founders of the Overland Expo, the world's premiere overland and adventure travel event. They have also been overlanders and adventurers for over 35 years. They have taken on remote overland adventures in some incredible parts of the world including Alaska and South America and they'll be doing a workshop on how to prepare for an off-grid adventure.



## DAVID HAZE

David Haze, is a former prisoner turned 6x world record holding SUP adventurer, attempting world firsts and world records. SUP has transformed David's life; his tool for growth & change and he hopes his adventures can encourage more people to reconnect with themselves through adventure by taking that small step out of their comfort zone proving that we are much more than our pasts and mistakes.



## ALISTAIR HUMPHREYS

Alistair Humphreys will be joining us for a live Q&A on a Life of Adventure. Al got into adventure when he spent 4 years cycling around the world. More recently he has walked across southern India, rowed across the Atlantic Ocean, run six marathons through the Sahara desert, completed a crossing of Iceland, busked through Spain and participated in an expedition in the Arctic, close to the magnetic North Pole. He has trekked 1000 miles across the Empty Quarter desert and 120 miles round the M25 - one of his pioneering microadventures.



## GRAHAM JACKSON

At age 10, Graham completed his first safari across the Kalahari in a Range Rover with his family. That trip planted the seed for Graham's lifelong obsession with deserts and off-road vehicles. In 2004, Graham and his wife led a 30,000-mile overland adventure from London to Cape Town, which, arguably, was a key inspiration for the launch of the Overland Industry in the USA.



## ISAAC KENYON

Isaac has swum the English Channel in a relay, rowed the Atlantic Ocean in a team of four, climbed mountains like Mt. Kilimanjaro, cycled overseas, holds the world record for longest continual row on an indoor rowing machine for 83hours LWT and cycled the entire length of the UK. He'll be running a Masterclass on funding, fundraising and sponsorship as well as a workshop on Ocean Rowing.



## SAM MANICOM

Sam Manicom is an icon of adventure motorcycling and spent 8 years travelling the world by motorcycle, racking up a whopping 200,000 miles. Sam has written four critically acclaimed books and has had his articles published in magazines and newspapers around the world. This workshop will focus on writing articles for magazines and it is unmissable for anyone who is thinking about writing about their adventures in any way!



## TIM & MARISA NOTIER

Tim and Marisa quit their jobs in 2017 to ride around the world. Heading south from their home in the USA, they spent a couple of years traveling the world. They have a blast on the road, spending almost every minute together and they're going to deliver a workshop on how to survive as a couple when you're riding around the world together. This one could be a marriage saver! They'll also be doing a session on Adventure in Peru.



## CHAZ POWELL

Chaz's ongoing project 'The Wildest Journey' is all about his remote explorations by foot along Africa's wildest rivers. With the main focus and objective behind the journeys being to raise funds and awareness for wildlife conservation and anti poaching. During 2016/17 Chaz spent 137 days walking over 3000km from source to sea along the Zambezi River and in 2019 spent 47 days walking 1120km from source to sea along the Gambia river. Chaz will be delivering a workshop on planning for remote expeditions.



## DAN SKEATES

Dan Skeates is an adventurer and professional life coach. He'll be drawing on his experiences from riding a motorcycle to Sydney and his professional career as a life coach to deliver a session on wellbeing on your adventures. Having hitchhiked around Europe aged 17 and motorcycled to over 60 countries since Dan's session will be full of fun anecdotes from his trips.



## KINGA TANAJEWSKA

Kinga's been 'On Her Bike' since 2017 when she quit her job in Australia and set off to ride around the world on a motorbike. Her current trip is called the 'Are we there yet?' tour because she doesn't know where it will end! She joined us to chat about her adventures at one of our film nights back in 2020 when she was stuck in Poland, but has since managed to get back on the road and is now making her way through Africa! We'll be buzzing Kinga in for a Q&A on what's like to be overlanding during the pandemic in Africa.



## SIMON & LISA THOMAS

Lisa and Simon first went out to ride around the world in May of 2003 and have since ridden an insane 500,000 miles! They have helped to define adventure motorcycling as we know it! They are professional adventurers who will be sharing their skills with us. They'll be doing a masterclass in photography, a workshop in cooking on the road and a presentation about their 17 years in the saddle.



## AUSTIN VINCE

Austin is adventure filmmaking royalty. Co-founder of the Adventure Travel Film Festival, Austin has likely seen more adventure films than any other human on the planet. He's also made two hit TV series and knows everything there is to know about shooting your own adventure film. Austin will be teaching a Masterclass on 'How to make a film of your adventures'. This is a must do session if you're thinking of filming your trip!



# DYLAN WICKRAMA & MARTINA ZÜCHER

Dylan and Martina met whilst adventuring in India and love all things adventure travel. They have been living and working in a van since 2016 and are on the road wherever they like. They will be delivering a workshop on what it's like to live in a van full time with some helpful tips and tricks for anyone thinking about swapping bricks and mortar for the open road!

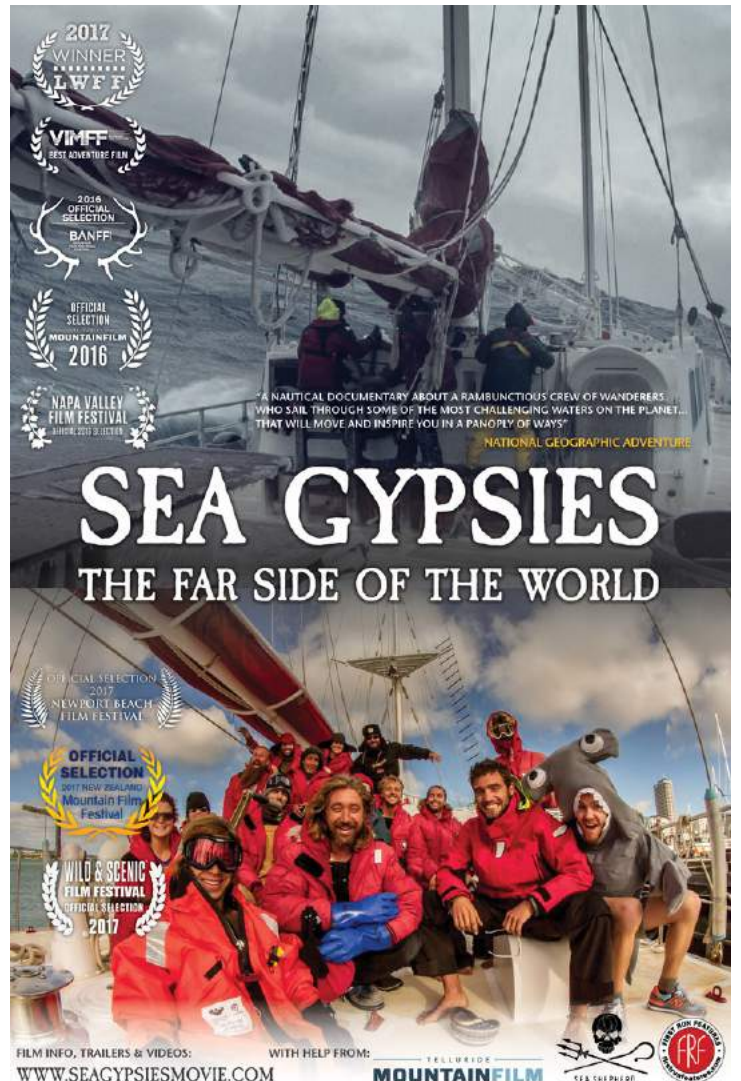


## YOU?

We're holding an open mic night on the Saturday night! Do you have an adventure you'd like to tell us about? We're giving 5-10 minute slots to adventurers who would like to take the mic! Let us know if that's you by dropping Matt an email at [Matt@TheSidescarGuys.com](mailto:Matt@TheSidescarGuys.com)

## FRIDAY NIGHT FILM

The vessel is Infinity, a 120ft hand-built sailing ketch that plies the Pacific Ocean on a never ending voyage of nomadic exploration. In early Feb 2014, during the iciest year on record in the Southern Ocean, Infinity and her crew of 16 left New Zealand on an 8,000 mile pacific crossing to Patagonia, with a stop in Antarctica. Along the way, they battled a hurricane of ice in the Ross Sea, struggled with compounding mechanical and flooding problems, undertook a mission with the radical environmental group Sea Shepherd, tore every sail they had, and unwittingly went further south than any sailing vessel in 2014. This expedition was undertaken with a non-ice-reinforced gypsy boat built by hand in the 1970's, crewed by a band of wandering miscreants, with no permits or insurance and an almost non-existent budget. This is a story about sailing, the camaraderie of a shared struggle and the raw awe inspiring power of the natural world.





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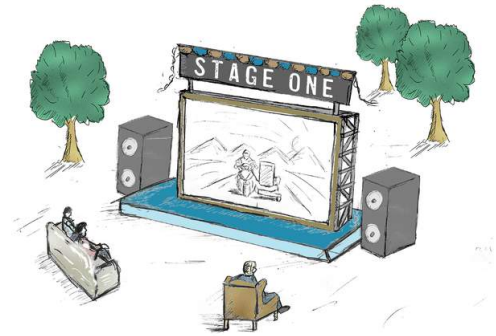
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\*When you purchase any new Ural within six months of your experience day

## FRIDAY 25/02

GMT

- 19:00** WELCOME FROM THE SIDECAR GUYS
- 19:30** LIVE Q&A WITH ALISTAIR HUMPHREYS
- 20:15** SEA GYPSIES - A FILM BY NICO EDWARDS
- 21:30** LIVE Q&A WITH NICO EDWARDS



## SATURDAY 26/02

### STAGE 1

All speakers on Stage 1 will head to The Bar in The Keis Three Wheels straight after their talk for a Q&A.

### STAGE 2

All speakers on Stage 2 will head to Tiffany's Table in The Keis Three Wheels straight after their talk for a Q&A.

**10:30** WELCOME FROM THE SIDECAR GUYS

**11:00** DAVID HAZE - PADDLEBOARD ADVENTURES

----- BREAK -----

**12:15** CHAZ POWELL - PLANNING REMOTE EXPEDITIONS

----- 13:15 LUNCH BREAK -----

**13:45** ISAAC KENYON - OCEAN ROWING

**14:45** DYLAN WICKRAMA AND MARTINA ZÜCHER - VAN LIFE

----- BREAK -----

**16:00** SAM MANICOM - TRAVEL WRITING

**17:00** COVID-19 PANEL - KINGA TANAJEWSKA AND SANDRA & FIONA (AKA ADV TRAVELBUG)

----- BREAK -----

**19:30** ADVENTURE OPEN MIC NIGHT

**21:00** CHRIS THE COASTAL WALKER

**11:00** SIMON & LISA THOMAS - MONGOLIA

----- BREAK -----

**12:15** FILM: LONDON TO CARTAGENA BY SCOOTER AND SIDECAR

**13:45** SIMON AND LISA THOMAS - ADVENTURE PHOTOGRAPHY PART 1

----- BREAK -----

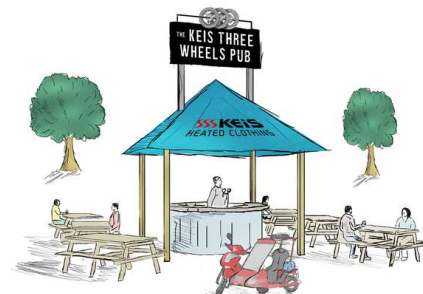
**16:00** TIM & MARISA NOTIER - TRAVELING AS A COUPLE

## THE KEIS THREE WHEELS

IN 'TIFFANY'S TABLE'

**12:15** DAN SKEATES - WELLBEING ON YOUR ADVENTURES

**14:45** TIFFANY COATES - SAFETY IN THE WILDEST PLACES PART 1



**DON'T FORGET TO POP IN AND SAY HI AT THE THREE WHEELS!**



## SUNDAY 28/02

### STAGE 1

All speakers on Stage 1 will head to 'The Bar' in The Keis Three Wheels straight after their talk for a Q&A.

**10:30** WELCOME FROM THE SIDECAR GUYS

**10:45** SUNDAY BRUNCH WITH SIMON & LISA THOMAS

**11:30** MURRAY DUGUID - 4X4 OFF ROAD SKILLS

----- BREAK -----

**12:45** ISAAC KENYON - SPONSORSHIP, FUNDING AND FUNDRAISING PART 1

----- 13:45 LUNCH BREAK -----

**14:15** TIFFANY COATES - ADVENTURE IN KENYA AND UGANDA

----- BREAK -----

**15:30** TIM & MARISA NOTIER - ADVENTURE IN PERU

**16:30** ROSEANN & JONATHAN HANSON AND GRAHAM JACKSON - FIRST PATROLS/REMOTE OVERLANDING

**17:30** ASK US ANYTHING PANEL CHAT

### THE KEIS THREE WHEELS

We wanted to make this year's Bootcamp even more interactive so Stage 2 will be at 'Tiffany's Table' in The Keis Three Wheels on Sunday.

**11:30** TIFFANY COATES - SAFETY IN THE WILDEST PLACES PART 2

----- BREAK -----

**12:45** AUSTIN VINCE - ADVENTURE TRAVEL FILMMAKING PART 1

**14:15** AUSTIN VINCE - ADVENTURE TRAVEL FILMMAKING PART 2

**14:15** ISAAC KENYON - SPONSORSHIP, FUNDING AND FUNDRAISING PART 2 **(THIS WILL BE AT 'THE BAR')**

----- BREAK -----

**15:30** SIMON & LISA THOMAS - ADVENTURE PHOTOGRAPHY PART 2

**16:30** HAVE YOUR SAY ON #AAF22 - A CHANCE TO HEAR ABOUT OUR PLANS AND LETS US KNOW WHAT YOU WOULD LIKE TO SEE AT OUR IN-PERSON FESTIVAL.

-----  
WITH THANKS TO





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*Ted Simon, author of Jupiter's Travels*



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