

#AAF24 SCHEDULE

Welcome to the adventure! The below is the full schedule for the event! On top of everything you see here there will be activities taking place all weekend. See the activities pages of the programme or website for full details. If you have any questions just drop in to the Armchair Adventure Festival shop located on Adventure Avenue!

THURSDAY 25/7

MAIN STAGE

CAMPFIRE

15:00

FESTIVAL GATES OPEN!

17:30

Live Music
The Wave Machine

19:30

Adventure Open Mic
Night - Tell your stories
win cool prizes

21:00

Live Music
King Dinosaur

FRIDAY 26/7

| | MAIN STAGE | ARMCHAIR AMPHITHEATRE | ADVENTURE SKILLS STAGE | SURVIVAL WISDOM ZONE | |
|-------|--|--|---|---|--|
| 10:30 | Travelling in Gaddafis Libya Toby Savage | A Year on the road in a Mog Gareth and Maria | Route Planning Richard Matthews | Useful Knots Banwell Scouts | |
| 11:30 | A Tandem Sup Record Nomadic Paddler | The Real Syria Carly Fillis | Prepping a motorcycle for a big adventure Max Jowatt | Mine Awareness Guy Marot OBE | Fire Lighting Banwell Scouts |
| 12:30 | Rowing the Atlantic Roz and Andy | Riding the Himalayas Hema Choudary | The Retirement Rebel Refire when you retire Siobhan Daniels | Trauma & Medical Training Survival Wisdom | |
| 13:30 | | | Craft Hour: create your own willow sculpture Jane Gower | Paracord Bracelet Making Banwell Scouts | |
| 14:30 | Full Circle: RTW by sidecar in the 80's Richard and Mospa | The Power of The Wild Abbie Barnes | iPhone Photography Simon and Lisa Thomas | Emergency Water Filtration Survival Wisdom | Tree Climbing Banwell Scouts |
| 15:30 | RTW by Scooter & Sidecar Matt and Reece (AAF Founders) | | Panel: Safety on the road Simon and Lisa Thomas, Richard Matthews, Tiffany Coates | Knife Skills Banwell Scouts | |
| 16:30 | Surviving the Silence: Antarctica Solo Sam Cox | Tough Girl Podcast Sarah Williams and Tiffany Coates | | Travel Safety - What to do when it all goes wrong Survival Wisdom | |
| 17:30 | | | | | |
| 18:30 | The Amazon: Summit to Sea John Bathgate, Ian Roberts & Cara Gilles | CAMPFIRE STAGE | SPLASH MAPS PLANNING YURT | MEET AT THE SHOP | ISLAND FEATHER WELLNESS ZONE |
| 19:30 | Real Brokeback Mountain Niall McCann | 13:30 Desert Flat Bread Making Toby Savage | 11:30 Toby Savage | 08:00 Wild Swim | 08:00 Gentle Yoga |
| 20:30 | Live Music Rue | 15:30 Live Music Andy Quick | 12:30 Carly Fillis | 11:30 Foraging | 10:30 Power Yoga |
| 21:30 | Live Music 3 Daft Monkeys | 17:30 Live Music True Foxes | 13:30 Hema Choudary | 13:30 Tracking | Massages available - additional cost (see premium activity bookings) |
| | | | 15:30 Richard and Mospa | 15:30 Nature Immersion Rhoda Watkins | |
| | | | 16:30 The Sidecar Guys | | |
| | | | 17:30 Sam Cox | | |

SATURDAY 27/7

| | MAIN STAGE | ARMCHAIR AMPHITHEATRE | ADVENTURE SKILLS STAGE | SURVIVAL WISDOM ZONE |
|-------|--|---|---|---|
| 10:30 | Fin, feather and fur: a wildlife trip around the world. Stephen Marsh | Writing for Magazines Sam Manicom | Prepping a vehicle for overland adventure: big isn't always better. Jayne and David | Useful Knots Banwell Scouts |
| 11:30 | Against All Odds: Triumph Over Taliban Gulafshan Tariq | House sitters guide to the galaxy Jessica Holmes | Adventure Planning Workshop Sarah Williams | Mine Awareness Guy Marot OBE |
| 12:30 | Panel Discussion: Mental Health and Adventure Belinda Kirk, David Haze, Abbie Barnes | Film Screening: Living on the edge Cornwall Climate Stories | Navigation Richard Matthews | Trauma & Medical Training Survival Wisdom |
| 13:30 | Travelling as a pair Simon and Lisa Thomas | | Craft Hour: create your own willow sculpture Jane Gower | Paracord Bracelet Making Banwell Scouts |
| 14:30 | Sailing the Atlantic Kitiara Pascoe | Adventures on a Serow. Arabia and the Middle East Helen Lloyd | Hints & Tips for planning your SUP trips Lisa Drew | Emergency Water Filtration Survival Wisdom |
| 15:30 | The Americas in a school bus Global Convoy | | Wild Camping Tiffany Coates | Knife Skills Banwell Scouts |
| 16:30 | The Meaning of Life Sam Manicom | Tough Girl Podcast Sarah Williams and Candida Louis | Q&A: Freighting your vehicle Kathy Wood (MotoFreight) | Travel Safety - What to do when it all goes wrong Survival Wisdom |

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| 19:00 | #GetOutDoStuff Raffle and updates Matt and Reece |
| 19:30 | The Darien Conquest John Blashford-Snell |
| 21:00 | Live Music The Trouble Notes |
| 22:00 | Live Music Echo Town |

| CAMPFIRE STAGE |
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| 13:30 Desert Flat Bread Making Toby Savage |
| 14:30 Hover Craft Adventures Russ Bagley & John Barker |
| 15:30 Live Music Joanna Cooke |
| 17:30 Live Music Sam Evans |

| SPLASH MAPS PLANNING YURT |
|---------------------------------|
| 11:30 Stephen Marsh |
| 12:30 Gulafshan Tariq |
| 13:30 Summit to Sea |
| 15:30 Helen Lloyd |
| 16:30 Global Convoy |
| 17:30 Candida Louis |

| MEET AT THE SHOP |
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| 08:00 Wild Swim |
| 8:30 Park Run |
| 11:30 Foraging |
| 13:30 Tracking |
| 15:30 Nature Immersion Rhoda Watkins |

| ISLAND FEATHER WELLNESS ZONE |
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| 08:00 Wake Up Flow Yoga |
| 9:30 Power Yoga |
| 11:00 Gentle Yoga |
| Massages available - additional cost (see premium activity bookings) |

SUNDAY 28/7

| | MAIN STAGE | ARMCHAIR AMPHITHEATRE | MEET AT THE SHOP | ISLAND FEATHER WELLNESS ZONE |
|-------|--|---|--------------------|--|
| 10:30 | iPhone Photography Part 2 Simon and Lisa Thomas | South America in a big truck, If we can, you can Neil & Patricia Hay | | |
| 11:30 | The Search for Popski's Lost Patrol Lisa and Cole Stage | Adventure together as siblings The Chicks Winners of #GetOutDoStuff Award | 08:00 Wild Swim | 08:00 Wake Up Flow Yoga 9:30 Power Yoga 11:00 Gentle Yoga |
| 15:00 | | Festival Closes | | |

PARTNERS

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RETRIBE



WILD OTTER



Moonstone and Salt



RIDEAWAY