

#AAF25 SCHEDULE

Welcome to the adventure! The below is the full schedule for the event! On top of everything you see here there will be activities taking place all weekend. See the activities pages of the programme or website for full details. If you have any questions just drop in to the Armchair Adventure Festival shop located on Adventure Avenue!

THURSDAY 24/7

MAIN STAGE

CAMPERVAN LIVE LOUNGE

15:00

FESTIVAL GATES OPEN!

17:30

Adventure Open Mic
Night - Tell your stories
win cool prizes

Live Music
Tom Dibb

19:30

21:00

Live Music
Sam Evans



FRIDAY 25/7

MAIN STAGE

ARMCHAIR AMPHITHEATRE

10:30

Ben Church
When The Going Gets Tough

Jessica Holmes
A House Sitter Abroad

11:30

Jenny Bowen
Hiking The Fish River Canyon

Tom Allen
Building the Transcaucasian Trail

12:30

Mental Health and Adventure
Beinda Kirk & Panel

Gina Allsop
Finding Your Purpose

13:30

Craft Hour With Jane Gower
Willow Sculptures

14:30

Jamie Ramsey
Running The Americas

Ann Whatmore
Wheezing Through The
Wilderness

15:30

Cat Burford
Alone On The Ice

16:30

Survival Steve
Exposed In The Wild

Mike Keen
Solo Kayaking Greenland

17:30

Welcome From The Sidecar Guys
Matt and Reece (AAF Founders)

18:30

Women With Attitude
Elsie Wortley (18:45)

19:30

Chris Lewis
Walking the Entire UK Coastline

20:30

Live Music
Good Habits

21:30

Live Music
Trouble Notes

CAMPFIRE STAGE

13:30
Desert Bread Making
Toby Savage

15:30
Our Atlantic Roots

17:30
The Wave Maching

PLANNING HUB

13:30
Tom Allen

11:30
Travel Health
Planning

12:30
Travel Health
Planning

15:30
Tom Allen &
Explore team

16:30
Kate Rawles

ISLAND FEATHER WELLNESS ZONE

08:00
Gentle Yoga

10:30
Power Yoga

Massages available -
additional cost (see
premium activity
bookings)


MEET AT THE SHOP

08:00
Wild Swim

FRIDAY 26/7

	RGS SKILLS STAGE	ADVENTURE CINEMA
10:30	Adventure Medical Kits Suzy Connor & Louisa Sworn	Until The Sea Mel Mackie
11:30	Equipment from -40 to +40 Julia Massey Stewart	London to Cartagena The Sidecar Guys
12:30	Route Planning Richard Matthews	
13:30		Alpha Ed Jackson
14:30	How To Plan An Expedition Tom Allen	
15:30	Long-distance Cycling Adventures Kate Rawles	The Great Game The Great Game: 30,000 miles across Central Asia - Jon Beardmore
16:30	Funding Your trip Belinda Kirk	Dugout Ben Sadd
17:30		

	SURVIVAL ZONE
10:00	Foraging
11:30	Tracking
12:30	Water Filtration
13:30	
14:30	How to get rescued in an emergency
15:30	Survival Shelters
16:30	Trauma, Accidents and Medical Emergencies when on the road.
17:30	



SATURDAY 26/7

MAIN STAGE

ARMCHAIR AMPHITHEATRE

10:30	The Great British Tresspass Damien Gabet	Walking solo from Home to Rome Geraldine McFaul
11:30	Power of the WILD Abbie Barnes	An African Adventure on Small Motorcycles Tom and Lauren
12:30	Travelling With Purpose RGS Explore	The Galapagos Postman Reconnecting the world one letter at a time Jon Beardman
13:30	Meet for Willow Sculpture Jane Gower	Sth. America Breakdowns (Mechanical and Mental) Marc Deri
14:30	Living the journeys of women adventurers Dr Jackie Hill Murphy	The First Solo Crossing of the Pacific Jim Shekdar
15:30	Around the World By Scooter and Sidecar Sidecar Guys	
16:30	The Zaire (Congo) River Expedition 1974-75 John Blashford-Snell	Top Travel Writing Tips Sam Manicom
17:30		
18:30	#GetOutDoStuff Raffle and updates (19:00) Matt and Reece	
19:30	Limitless - 13,000km to Everest (19:30) Mitch Hutchinson	
20:30	Live Music Echo Town	
21:30	Live Music Land Of The Giants	

CAMPFIRE STAGE

11:30

Desert Fire Bread Making

Toby Savage

13:30

Campout Cook Up

FellFoodie

15:30

Live Music

Joanna Cooke

17:30

Live Music

Andy Quick Trio

PLANNING HUB

11:30

Travel Health Planning

Anna Shekhdar

Louise Sworn

12:30

Travel Health Planning

Anna Shekhdar

Louise Sworn

15:30

Tiffany Coates

16:30

Richard Matthews

ISLAND FEATHER WELLNESS ZONE

08:00

Wake Up Flow Yoga

9:30

Power Yoga

11:00

Gentle Yoga

Massages available - additional cost (see premium activity bookings)

MEET AT THE SHOP

08:00

Wild Swim

SATURDAY 26/7

RGS SKILLS STAGE

ADVENTURE CINEMA

10:30	Wellbeing in the Wild Sophie Redlin Lucy Obolensky
11:00	
11:30	Stop The Bleed Dr Suzy Connor
12:30	Navigation Richard Matthews
13:30	
14:30	Wild Camping Tiffany Coates
15:30	Ropes and knots Richard Matthews
16:30	Long-distance Motorcycle Adventures Max Jowatt

Meet For Adventure Photography Part 1
Simon and Lisa Thomas

**The Longest Distance by motorcycle
and sidecar In reverse! (11:00)**

Cornwall Climate Stories
Power to the People

Alone Across Gola
Jude Kriwald

Operation Drake
Introduced by John Blashford-Snell

SURVIVAL ZONE

10:00	
11:30	Trauma, Accidents and Medical Emergencies when on the road.
12:30	Water Filtration
13:30	
14:30	How to get rescued in an emergency
15:30	Survival Shelters
16:30	
17:30	



SUNDAY 27/7

MAIN STAGE

ARMCHAIR AMPHITHEATRE

10:30 **Antarctica to Alaska
A Wildlife Extravaganza**
Stephen Marsh

Tornado Hunting
Alex Jones

11:30 **The Nomadic Paddler**
David Haze

What to know before you go
Robin Grigsby

12:30 **The Knack to solo and
adventure film making**
Evan Chick

15:00

Festival Closes

MEET AT THE SHOP

08:00
Wild Swim

ISLAND FEATHER WELLNESS ZONE

08:00
Wake Up
Flow Yoga

9:30
Power
Yoga

11:00
Gentle Yoga

ADVENTURE CINEMA

10:30

Adventure Photography Editing
Simon and Lisa Thomas

